

FREDERIKI ERACLEOUS

Date of birth: 08/05/2002

Nationality: Cypriot

Contact

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europass

ABOUT ME

Motivated and enthusiastic political science student with a passion for understanding political systems, policies, and international relations.

WORK EXPERIENCE

University of Cyprus Nicosia, Cyprus

Call centre operator

14/09/2020 - 13/05/2023

- Handling incoming calls
- Providing customer support by solving problems about the university platform and the MFA authenticator
- Helping academic students and teachers about the university's facilities
- Processing transactions
- Documenting interactions
- Following guidelines

Cyprus

Internship in the House of Representatives

01/06/2023 - 31/07/2023

- Shadowing with a Member of Parliament Mr. Demetris Demetriou
- Plenary monitoring
- Weekly meetings with the President of the Parliament Mrs. Annita Demetriou discussing issues concerning young people
- Delegating tasks and writing weekly assignments from the international relations department
- Attending events with MPs
- Policy analysis and Research
- International Parliamentary Engagement
- Protocol and Ceremonial Duties
- Crisis Management and Conflict Resolution

Hellenic Bank Company Nicosia, Cyprus

Call centre agent

01/09/2023 - 31/10/2024

- Answering incoming calls and assisting customers with their inquiries.
- Providing information about bank accounts, loans, credit cards, and other financial products.
- Guiding customers through online banking platforms or mobile apps.
- Resolving issues such as account discrepancies, failed transactions, or lost/stolen cards.
- Assisting with password resets for online banking or troubleshooting login issues.
- Reporting and blocking unauthorized or suspicious transactions.

Hochschule Fulda Fulda, Germany

Student Assistant for Visually Impaired Individual

01/12/2024 - 31/08/2026

- Attending lectures and taking notes that are accessible for the individual
- Assisting during exams and writing answers as dictated

- Helping and guiding on how to write a term paper properly
- Ensuring documents are accessible, such as converting materials into Braille or audio formats

STEMFREAK Cyprus

STEM Teacher - Intern

22/06/2026 - 21/08/2026

-Planned and delivered STEM activities for children aged 8–14.
-Introduced students to basic robotics, programming, science and technology through hands-on activities.
-Taught introductory Scratch programming both in Greek and English.
-Designed interactive experiments, problem-solving activities and educational games.
-Supported classroom management and encouraged teamwork, creativity and active participation.
-Adapted activities to different learning needs and levels.

Open University of Cyprus Cyprus

Alumni Office Assistant

07/09/2026 - Current

-Support the coordination and administration of alumni activities and initiatives.
-Assist with communication and engagement with OUC alumni and graduates.
-Maintain and update alumni records and databases.
-Support the preparation of communications, announcements and promotional materials.
-Assist with the organisation of alumni events, activities and networking initiatives.
-Provide administrative and organisational support to the Alumni Office.
-Collaborate with university staff and other departments to support alumni engagement.

EDUCATION & TRAINING

07/09/2020 - 19/06/2024 Aglantzia, Cyprus

Bachelor's degree in Political Science University of Cyprus

Website: www.ucy.ac.cy | **Thesis:** Illegal migration as a hybrid warfare practice: The case of the Republic of Cyprus

14/10/2024 - 15/09/2026 Fulda, Germany

Master's Student of the program Human Rights Studies in Politics, Law and Society Fulda University of Applied Sciences

Website: www.hs-fulda.de **Field(s) of study:** Sociology and cultural studies

08/09/2025 - CURRENT

MBA- Master in Business Administration Open University of Cyprus

Website: www.ouc.ac.cy

LANGUAGE SKILLS

MOTHER TONGUE(S): Greek
OTHER LANGUAGE(S):

German

Listening B1	**Spoken production** B1
Reading B1	**Spoken interaction** B1
Writing B1	

English

Listening C1	**Spoken production** C1
Reading C1	**Spoken interaction** C1
Writing C1	

SKILLS

Microsoft Office | Google Drive | Zoom | Social Media / Social Network | Organizational and planning skills | Google Docs | Social Media | Skype | Facebook

RECOMMENDATIONS

Available upon request

HOBBIES AND INTERESTS

Art

- Playing the guitar
- Singing
- Drawing
- Belly Dancing
- Shooting

VOLUNTEERING

09/09/2008 - 31/05/2017 Cyprus

Young Volunteers

- I was in the Choir Team, the Construction Team and the Environmental Interest Team
- Visiting nursing homes and hospitals and providing entertainment
- Hair donation for wigs for children with cancer
- Tree planting in our municipality
- Regular Blood Donor
- Events of a charitable and public interest nature
- Educational, entertainment and artistic events
- Seminars, lectures and discussions of educational and informative content
- Campaigns
- Collaborate with and support other charitable and educational organizations.

EU ACTIVITIES

Current

Projects organized by EU

- Participation in the European Parliament Ambassador School Programme (EPAS) at the European Parliament of Strasburg (2019)
- Member of the European Youth Parliament Cyprus (EYP Cyprus)
- Educational trip with Fulda University of Applied Sciences in the European Parliament, European Commission, Council of the European Union, and EESC

- Erasmus+ training courses:

Step into the Role – Marsaxlokk, Malta | August 2026

Experiential learning, role-play, improvisation, facilitation and creating safer spaces in youth work.

Unmute Yourself – Pärnu, Estonia | 2026

Public speaking, storytelling, communication and confidence-building through non-formal education

Tourism in Action Through Social Entrepreneurship – Novi Bečej, Serbia | 2024

Social entrepreneurship, sustainable tourism, community development and intercultural learning through non-formal education.

UP Rural Project – Cluj-Napoca, Romania | November 2022

Participated in an international learning experience focused on rural development, community engagement, intercultural exchange and active participation.